

Members of the Trust:**STEP South London**

Angel Oak Academy
Applegarth Academy
David Livingstone Academy
La Fontaine Academy
Gonville Academy
Heathfield Academy
Tudor Academy
Turnham Academy

STEP East Sussex

Breakwater Academy
Burfield Academy
Hawkes Farm Academy
High Cliff Academy
Phoenix Academy
White House Academy

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19th October 2018

Dear Parents/Carers,

STEP SCHOOL MEALS

We are very proud that our school meals are prepared and cooked in-house, by our talented STEP catering staff. We plan our own menus and choose our own suppliers, meaning that meals not only comply with the School Food Standards, but are also nutritionally balanced, ethically sourced and delicious! This is why 86% of our children voted that they enjoyed their lunch in September.

A healthy and balanced lunch can improve children's concentration and behaviour during the afternoon, which contributes towards improved attainment. We are therefore delighted that a large number of children across our academies have a school meal every day.

You may have noticed that our menu is quite varied, in order to cater for a range of tastes and to encourage children to try new foods. We therefore appreciate that this may mean there are days when a meal option may not be to your child's liking. For this reason, we provide a jacket potato as an alternative to the meat/vegetarian dish, to ensure that children have a third option.

In order to ensure that all children have variety of foods, we would encourage parents/carers to discuss meal choices and help them to decide which option they are planning to choose. This could include showing younger children pictures of the different meals, trying out the recipes at home, or simply having a conversation about that day's meal options on the way to school.

To aid these discussions we attach a copy of the brand new menu, which will be launched after half term.

Yours sincerely,

MRS S MARTIN
STEP Head of Catering